

# North Carolina Task List



Write your Santrax ID above for easy reference

English toll-free numbers. Please refer to your Call Reference Guide for additional languages.

Task ID	Description	Task ID	Description
10	Tub bath or shower	340	Clean utensils/dishes, empty trash
20	Upper body	350	Open packages
30	Lower body	360	Equipment set up and clean up
40	Tub/shower transfer/position	370	Heat/assemble food
50	Bed bath	380	Transfer to/from chair
60	Sponge bath	390	To/from bed
70	Additional transfer (reposition in bed, change occupied bed)	400	To/from chair
80	Shampoo/hair care	410	To/from toilet
90	Skin care (includes wash face/hands, foot care)	420	To/from scooter
100	Nail care	430	To/from stroller
110	Mouth/oral/denture care	440	To/from wheelchair
120	Shave	450	To/from vehicle
130	Don clothing/shoes/socks	460	Shampoo/hair care
140	Remove clothing/shoes/socks	470	Skin care (includes wash face/hands, foot care)
150	Clothing and shoe fasteners	480	Make up
160	Assist with TEDS	490	Nail care/trimming
170	Assist with braces/splints	500	Mouth/oral/denture care
180	Assist with binders	510	Shaving
190	Assist with prosthetics	520	Errands to assist with ADLs (CAP only)
200	Transfer to/from bed	530	BP monitoring
210	Ambulation room to room	540	Blood glucose monitoring
220	Assist with stairs	550	Medication self-administration reminders
230	Passive/active ROM	560	Break up and remove fecal impaction
240	Turn/reposition	570	IV fluid assistive activities
250	Remove/pull up/fasten garments	580	O2 therapy
260	Hygiene after toileting	590	Ostomy care/irrigation
270	Transfer to/from BSC or toilet	600	Sterile dressing change (wound over 48 hours old)
280	Assist with cutting food	610	Suctioning, nasopharyngeal
290	Assist with feeding	620	Suctioning, oropharyngeal
300	Assist with utensil usage	630	Tracheostomy care
310	Lift limb to mouth	640	Urinary catheterization/irrigation

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Task ID	Description	Task ID	Description
320	Tube feeding	650	Wound irrigation
330	Clean meal service area	660	Tube feeding and G-tube feeding